

DEPARTMENT OF GEOGRAPHY

College of Arts and Sciences

Geography Newsletter

March 2022

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Geography Scholarships and Awards

The Geography Department would like to announce the following Award and Scholarship recipients for 2021-22, who will be recognized at the Awards Gathering on April 21:

- John F. Rooney, Jr. Scholarship for Outstanding Junior: **Gabby Boyd**, Global Studies and Spanish majors.
- CAS Outstanding Senior: **Jacob Shepherd**, Global Studies major with Geography and Applied Music minors.
- Robert F. Norris Scholarship for Outstanding 1st Year Graduate Student: Ny Aina Rakotoarivony, Geography PhD student.
- Jerry Croft and Family Award in Geographic Education: **Brice Zoungrana**, Geography PhD student.
- Susan Shaull Medal for Outstanding GTA: TBA on April 21.

Travel Awards for 2022-23:

 Robert F. Norris Conference Travel Awards: Ny Aina Rakotoarivony and Kianoosh Hassani, Geography PhD students. Both plan to attend the American Geophysical Union (AGU) annual meeting in Chicago from 12 to 16 December 2022

For more information about the Awards Gathering, please see page 4 of this newsletter.



Upcoming Events

Dr. Brad Bays is presenting a FREE six-part webinar series for the Oklahoma State Historic Preservation Office (SHPO). Each talk features dozens of photos of old barns from around the state and is based on findings of a comprehensive (2009-14) survey of Oklahoma's historic barns conducted for the SHPO by the OSU Department of Geography. All talks are scheduled for Tuesdays 6:00-7:00, including time for Q&A. To register for one or more of these online presentations, please use the link below each title. The audience is limited to the first 100 registrants. For more details, you can contact the Oklahoma SHPO at (405) 521-6249.

- 22 February "Log Barns in Oklahoma" https://www.bigmarker.com/conferences/82512b485c1e
- 26 April "Three-Bay and Crib Barns in Oklahoma" https://www.bigmarker.com/conferences/d63e1535e748/
- 28 June "Use of Stone and Bank Barns in Oklahoma" https://www.bigmarker.com/conferences/1a1a8779eb92/
- 30 August "Signs of Ethnicity and Adaptation in Oklahoma Barns" https://www.bigmarker.com/conferences/ffb56844f9e6/
- 25 October "Oklahoma's Special Purpose Barns and Farm Structures" https://www.bigmarker.com/conferences/a381a4d519c4/
- 27 December "The Significance of Barns in the Oklahoma Cultural Landscape" https://www.bigmarker.com/conferences/f8fe0b0b65d3/

Geography Open House

The OSU Department of Geography hosted an open house on February 16 for over 30 high school students from Jenks High School. Many stations were on the itinerary around the department, including pizza in the break room. Thanks to all who helped pull this off!



2021-22 Awards Gathering

On April 21, the annual Geography Awards Gathering will take place in the basement auditorium of our building (SSH 035). The Awards Ceremony starts at 5:15 and Gamma Theta Upsilon inductions immediately thereafter. Over \$10,000 of awards and scholarships will be distributed:

2021-22 Recognition Awards:

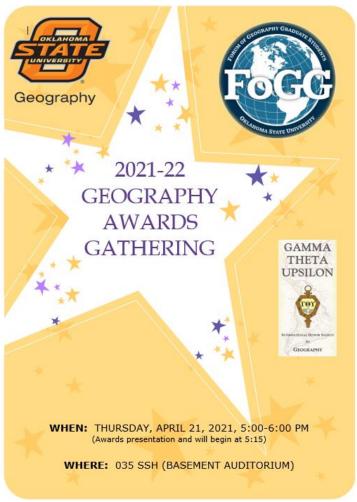
- John F. Rooney, Jr., Scholarship for Outstanding Junior
- CAS Outstanding Senior
- Robert E. Norris Memorial Scholarship for Outstanding 1st Year Graduate Student
- Jerry Croft and Family Award in Geographic Education
- Susan Shaull Medal for Excellence in Teaching
- Dee Family Scholarship
- Robert C. and Lucy Fite Scholarship

2022-23 Travel Awards:

Norris Conference Travel Award

Other awards and honors earned by students, staff, or faculty (on campus or off) will be recognized, so if you received some type of award or scholarship in the past year, please let <u>Jon Comer</u> know so he can add it to the list to be announced at the Gathering.





Departmental News

On February 1, **Dr. Tom Wikle** officially retired from OSU after over 32 years in the department. Tom served as Department Head from 1994-2000 and Associate Dean in CAS from 2000-2021. GTU officers and members would like to thank Dr. Wikle for being a great advisor. They wish him well in retirement. The entire department owes a great debt of gratitude for his tireless efforts to improve the department during his career at OSU and he mentored many students and faculty members.



FOGG wants to remind graduate students to check the GPSGA canvas for travel awards and grants, which all have deadlines of April 1st.

Reminder that **Spring Break** is the week of March 14-18. Campus is open but there are no classes.

In our efforts to become at certified Healthy Department, the following two pages provide good information on exercise and health from the CDC.



You know you need physical activity to stay healthy.

But did you know it can help you feel better right away?









Boost your mood

Sharpen your focus

Reduce your stress

Improve your sleep

So get more active — and start feeling better today.

How much activity do I need?

Moderate-intensity aerobic activity

Anything that gets your heart beating faster counts.







Do activities that make your muscles work harder than usual.



















Tight on time this week? **Start with just 5 minutes.** It all adds up!

Or get the same benefits in half the time. If you step it up to vigorous-intensity aerobic activity, aim for at least **75 minutes** a week.

Is it moderate or vigorous? Use the "talk test" to find out.

When you're being active, just try talking:

- If you're breathing hard but can still have a conversation easily, it's moderateintensity activity
- If you can only say a few words before you have to take a breath, it's vigorousintensity activity

What counts?

Whatever gets you moving!

















Even things you have to do anyway

Even things that don't feel like exercise

You can get more active.

No matter who you are, where you live, on your own, or together. You can find a way that works for you.









And over time, physical activity can help you live a longer, healthier life.







So take the first step. Get a little more active each day. **Move your way.**

Find tips to get moving and build a weekly activity plan.

health.gov/MoveYourWay/Activity-Planner

